



# Meridian Canoe Club

## N e w s l e t t e r

[www.meridiancanoeclub.com](http://www.meridiancanoeclub.com)

November 2009.

## Meridian Canoe Club Gains the Highest Award in the Sport England Clubmark scheme.

It is with some relief (and perhaps a little pride) that I am pleased to announce that after more than 3 years of really hard work Meridian has gained the top award in the Sport England Clubmark scheme, and also achieved the highest award possible from our national governing body, Top Club Gold in the Competition category.

This has been something of a personal crusade for the last few years, but it was the help from others over this last year that really tipped the balance and helped us complete the necessary paperwork to prove to the assessors that we did meet all the key criteria and provides a welcoming environment for all who wish to practice our sport. Ada did a lot of database work on equipment, first aid and coaches and helped collate everything. Mark drew up the Club Development Plan which will be continuously monitored to ensure the targets set are achieved or exceeded. It will form the backbone of our future strategy and tactics. Clive provided a fitness training schedule for land based training. I was not ashamed to rope in every committee member and asked advice from just about everyone when I needed extra assistance.

It has taken us so long that I had to liaise with 3 different BCU Paddlesport Development Officers, starting with Paul Newman, then Andy Gray and finally James Hinves. It was James who managed to steer us through those final exercises and get the documents in the form that was most likely to impress the assessors.

Now that we have these awards our progress towards external funding becomes easier, and we are first in line for any council, Sport England, Sport for All grant funding that is available, something that the committee plan to make full use of in the coming months

Club Chairman Mark Preddy comments, "This is a true recognition of the hard work that all the club members and the committee have been putting into developing the club over the last years. We will be using this achievement to broaden our appeal to a wider audience throughout our catchment area in N Kent, SE London and S Essex across a wide range of canoeing disciplines."

**Continued on page 3:**

**Contents:** Club Information, Top Club, Polo, Shepperton Slalom, Elmbridge Marathon, Teifi Tour, Yalding Slalom, **L&SER** Tournament, Diary Dates.

# Information Page:

Current Membership fees: Adult: £35.00 plus £10.00 joining fee.  
(Valid until June 2010 AGM). Junior (u18): £15 plus £10.00 joining fee.  
(Juniors under 16 years of age must be accompanied by a parent or guardian when on any club activity).  
Associate: £20.00 plus £10.00 joining fee.  
(For people who live more than 50 miles away from Bexleyheath but wish to attend club trips or pool sessions from time to time).

## Pool times:

Crook Log: Polo Session. Wednesday, 19.00 hrs. to 20:15 hrs.  
General Session. Wednesday, 20:15 hrs. to 21:15 hrs.  
Polo Session. Wednesday, 21:15 hrs. to 22:30 hrs.  
Crook Log: General Session. Thursday, 21.15 hrs. to 22.15 hrs.

Pool Fees: Members: £4.00 per session.  
Guests: £5.00 per session.

(Guests are invited to 3 club sessions {pool or lake} before they are asked to join).

Danson Park Lake: Saturday 10.30 hrs. to 13.00 hrs.  
Wednesday: 18.00 hrs. to 20.00 hrs. (Summer only).

The annual membership fee includes use of the lake.

(A minimum of three 3 star paddlers paddling together or a group under an instructor).

## 2009 - 2010 Committee Members:

<b>Chairman:</b>	Mark Preddy	07828 512 402	chairperson@meridiancanoecub.com
<b>Secretary:</b>	Sam Kavanagh	020 8310 3364	secretary@meridiancanoecub.com
<b>Membership:</b>	Nigel Abel	020 8301 4212	membership@meridiancanoecub.com
<b>Treasurer:</b>	Paul Winslow	01322 434 995	treasurer@meridiancanoecub.com
<b>Equipment:</b>	Ada Boyce	020 8306 1419	equipment@meridiancanoecub.com

Or email the entire committee: [committee@meridiancanoecub.com](mailto:committee@meridiancanoecub.com)

**Newsletter:** Malcolm Blowers [malcolm.blowers@virgin.net](mailto:malcolm.blowers@virgin.net)

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## Reminders:

No Club members are allowed on Danson park lake after dark unless you are paddling under the floodlights in a session that has been previously advertised on the club's website.

Any club members who are found to have breached this rule will have their membership to the club reviewed, as this action potentially jeopardises all members use of the lake at anytime.

Sponges are at the pools, please use them to remove the excess water from your boats before you put them back into the container. (Do not take the sponges away).

Please do not 'seal launch' at the pool. Put the boat in the water first then get in.

If you need to borrow a club boat for the weekend etc. then please let the equipment officer know in advance.

Continued from Page 1:

The club plans to develop its coaching base further by training its younger members in the Canoe England coaching scheme and ensuring that all its existing coaches have their skills and qualifications updated on a regular basis.



Meridian CC has always had a particular competition focus on polo, organising the largest UK International event at its base at Danson Lake and running several teams in national leagues, for players of all abilities, but all disciplines in our sport such as slalom, wild water racing, sprint racing and Wavehopper Challenge events are also being developed thanks to additional funding from Bexley Council Sports Development Unit.

This summer training courses have been run for youth and adult beginners, Paddlesport 1, 2 and 3 Star awards and thanks to funding from Sport Unlimited the club has offered free youth courses for local schools, clubs and organisations.

These awards are valid until 2012, and the committee is already starting to organise the task of being ready for the reassessment.

Andy Garlick.

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## Meridian F Team at the first Div 4 South East Polo Tournament of the Season.

Meridian has always tried to bring on its younger players by entering them into adult leagues as soon as they have shown promise at youth level. This year Sam Barry being based in London rather than Lancaster, has got together a mixed Div 4 league team with Lewis and Nathan being given their first chance at the adult game, ably backed up by the experience of Sam, Emily Martin, and JJ Garlick.

The unfortunate withdrawal of Grace Galvin some 30 minutes before the first match meant that they did not have the luxury of any substitutes.

ULU fielded 2 new teams, Battersea were a play-off team last year, SQT Dragon was a mixture of retired higher league players plus youngsters, and Luton fielded the heaviest most experienced team. There will also be 2 Nomad teams and 2 St Albans teams at future tournaments.



Meridian F started well against ULU A, each side scoring alternately until ULU just sneaked 2 in the final minute for a 5-3 victory. However the team had never played together yet still showed a good co-operation and an attacking flair.

In the next match against Dragon, Meridian got into their stride, used the ball well and constantly attacked the Welsh side, coming out comfortable 4-0 winners.

Battersea were next up and this proved to be a tricky match with both sides very even. Battersea scored twice from breaks so Meridian went down 3-1 but were by no means outplayed.



Now came the weaker ULU side which had several new players, and Meridian kept their cool and outplayed them quite comprehensively, with all the players except Sam scoring in a cool victory.

Finally Luton , and unfortunately the larger more physical style of Luton appeared to upset the Meridian rhythm of fast attacks from the wing, the match was very level but Meridian lost 3-1 , perhaps tiring slightly having had no substitutes to freshen up the players.

Well a most enjoyable evening, Lewis and Nathan both made a really good start to their adult playing careers, and the team played well together. Perhaps they are missing a more experienced goalie, and need a 6th player, but it will be a long season and there is still everything to play for.

**“A canoeing Dad”**

## Stop Press:

At the second tournament on 30<sup>th</sup> October the Meridian team won all their matches convincingly to come out with a great goal difference and heads held high. The team had first time player James Bailey join them, a slalomist he was able to bring speed to the sprints and only lost the ball once the whole evening.



The first match against St Albans Women was the toughest but Meridian achieved a 3-2 victory, with JJ tightly marking their danger player. Next came St Albans Other (what a name for a team, you would think they could use a little more imagination!) where the score was 4-0. Now came Nomad B (who collected 5 cards in one of their matches!) where the Meridian team came together

really well. The final score was 5-0 but that did not do justice to the team's superior play. Finally Nomad D was put to the test and the Meridian team put 7 away before easing up. All the players scored and the team played really well, no-one was carded, a credit to the club, thanks to captain Sam Barry for getting it all together and bringing on 3 new youth players into adult leagues.

Andy Garlick.

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## Elmbridge Hasler Race, Sunday 4<sup>th</sup> October 2009.

Elmbridge are based on the River Thames slightly downstream and on the opposite side of Shepperton SCC and each year they run a marathon race. Distances range from 2 miles for Lightning's, then 4, 6 or 12 miles for K1 and K2's dependant on speed & ability.

The Elmbridge course starts opposite a sailing club and on the word go you paddle up to the club house around a buoy, (placed so as everyone is seeking the same bit of water to turn in) then past the club, turn left at the end of the island & repeat, then the final stretch is up to the bridge turn underneath and paddle back to Elmbridge CC. all the time avoiding other river users. Yes I did capsize but not in front of everyone (so no photographs), but swam to side, emptied kayak, got back in and finished and I did not finish last.

Results are below.

Elmbridge Hasler Race, Sunday 4th October 2009.					
<b>Div 7</b>	<b>Position</b>	<b>Name</b>	<b>Class</b>	<b>Time</b>	<b>P/D</b>
	20	MALCOLM BLOWERS	V	00:44:40	
<b>Div 9</b>	<b>Position</b>	<b>Name</b>	<b>Class</b>	<b>Time</b>	<b>P/D</b>
	11	ADRIAN HOLLMAN	V	00:47:04	
	15	ELIZABETH MEANEY	VF	00:49:18	
<b>U10 M</b>	<b>Position</b>	<b>Name</b>	<b>Class</b>	<b>Time</b>	<b>P/D</b>
	5	GEORGE GROVER	U10M	00:26:30	
	6	KIM HOLLMAN	U10M	00:26:50	

Malcolm Blowers.

## A trip to the River Teifi.

OK I admit it. I like the challenge of doing new rivers rather than paddling the same ones over again. When Ada put up the 2009/2010 winter white water programme, he was keen that we looked for other options for club trips in the future and one suggestion was the River Teifi, where Llandysul Paddlers run the annual Teifi Tour in October. The 2009 Tour dates meant that it fell one week after Di's Barle trip so the take up was always going to be somewhat limited. I made plans well in advance and managed to persuade Paul French, Barry Wright and Dave Boorman to join in.

Sadly Dave pulled out with a stomach bug on Friday morning leaving 3 MCC boaters taking the long trip (275 miles) to South Wales. The M4 proved to be the usual car park from Newport to Cardiff so it was after dark that we arrived at Llandysul in Ceridigion. The club is wonderfully well equipped, with 3 permanent storage areas, a great clubhouse and bunkhouse, a local paddling shop and to top it all a permanent slalom course set up on a Grade 3 stretch of the river. We paid £10 apiece for Tour tickets which covered everything apart from the Legacy party and were ready for the next day.

I had researched the Llandysul Paddlers website for accommodation and found a wonderful organic farm where we booked "The Cowshed". As Barry commented, "these cows lived in luxury", it was indeed great and the price was also very reasonable. There is also a much larger bunkhouse called The Long Barn which would be very suitable for a larger party.



In order to gauge the suitability of the river as a club trip, we decided to run all the sections that were available to get the best possible flavour of everything that the river had to offer.

The logistics were easy, we parked our car in the centre car park (actually a mud bath!) and shuttle buses with trailers took everyone to any section that they wanted to paddle. Heartened by some mid week rain we found the river at good low/medium levels which meant that most of the features became rather technical.

On Saturday we started out on a gentle warm up with a 2 mile section described as Level 2, but in practice there few real features at these levels. We got off at the centre, had a cup of tea and a comfort break before carrying on downstream to sections 2 and 3. Almost immediately we were into one of the best sections of the whole river. 300 metres of Grade 3 rapids gave us wonderful practice at eddy hopping, surfing, and generally messing about on the river. The finale was a narrow slot river left where the presence of safety cover alerted us to something more meaty. Here the water was forced into a wall on the left and the boat was immediately on its side doing a wall of death act. I decided to test the rescue facilities just to keep them on their toes. Barry and Paul avoided an out of boat experience but both had "moments". Now we enjoyed the scenery for 4 miles until a stone bridge heralded the approach of Pentre Cwrt. At high river levels this 6 foot weir generates mighty towbacks and is mandatory portage, but at these levels inspection from above and below revealed a line over a break in the lip. This proved to be a good choice with a long wave train to ride down and another 200 metres of Grade 3 rapids to play in.



Now a longer flat water stretch followed with only a few ripples, but the wonderful scenery, the abundant wild life and the large number of others on the river all helped. At the sound of rushing water we eddied out right to inspect Henllan Falls. There was abundant safety cover here and we soon experienced the reason. About 2 in every 3 boaters were swimming on this tricky Grade 4 feature. The approach was a tricky Grade 3+ rapid and lining ones self

up was anything but straightforward, as midstream rocks thwarted your best efforts to stay on line, the drop itself was easy, but the landing was something else. A narrow gorge was infested with a very boily eddy line right down the middle and micro eddies river left which were almost impossible to exit once you were driven in. The locals thought it was a Grade 4+ at these levels, a wrong line meant a swim unless your rolling was indeed bombproof.



Paul mucked up his approach but managed a good effort down the falls and just managed to stay in his boat. My approach was equally unimpressive, I was all over the river, and when I dropped into the gorge I was immediately upside down and being driven into the one eddy from which there was no escape. I swam and was very promptly rescued. Barry took the laid back approach with a swim in the approach and he did the falls out of his boat! Much to the amusement of the rescue teams



Copyright of Henllan Falls Photos : Chappel-Paddlers

who were equally quick into action. The gorge was very busy with the paddlers being rescued by throw line. It was like Clapham Junction in the rush hour but all under water!

We had paddled 12 miles so we called it a day and retired for showers and a nice pub meal, forgoing the delights of the River Legacy party to which all the university students were attending.

Having paddled sections 1,2,3 ,

and section 5 being unavailable due to political pressure from the

anglers, on the Sunday we opted to paddle section 4, but with a warm-up by repeating 3. The Pentre Cwrt weir was again no problem and the fine weather made the trip downriver more pleasant before the onset of Henllan Falls. This time we opted to run without inspection, Paul made what looked appeared to be an excellent approach (but he later admitted it was all unintentional and he was broken out) before once again making a good passage through the falls and the gorge. This time I was concentrating hard on getting my approach right and I think I succeeded, but immediately I dropped over the falls I got that upside down feeling again. This time I was determined to stay in my boat and had 2 attempts at rolling before being forced into the same eddy river right. The rescue teams

went into action again and got me and my boat back to the opposite bank. Barry made up for his previous efforts by approaching correctly then dropping over falls and rolling up on the boily eddy line to a great cheer from the spectators and rescue teams. Once I was reunited with my gear, we continued on downstream through the next section.



Once again all the action was in the final 500 metres,

first came an V shaped weir at Newcastle Emlyn which could be run either side, the biggest problem for us was avoiding the safety teams who were all positioned mid river. Now there were just a few smaller Grade 2/3 features before the get out, and it was all over. We had paddled 21 miles over 2 days and felt pretty tired, yet very pleased with our experiences on this new river.

Well what was the conclusion? We debated this on the trip back to the South East. We think the River Teifi would make an excellent club trip on a Tour date when safety cover is provided. It is not suitable as a first white water trip, but those with some experience who did not fancy the larger drops could easily portage all the larger features. Those with

experience would still find the major features quite a challenge, and open boaters could also enjoy it (probably subject to at least one portage). It is very scenic, the people are great, and there is first class accommodation available cheaply. The only real negatives are the longer than usual drive and the amount of flat water for the white water hardcore enthusiasts.

I am prepared to organise a Meridian club trip for 2010, who is up for it?

Andy Garlick.

## Shepperton Slalom Weekend, 19<sup>th</sup> & 20<sup>th</sup> September 2009.

Once again club members attended the Div. 3 / 4 slalom at Shepperton.

Results of both days are shown below.

Congratulations should go to Jamie who was promoted to Div. 2 and to Kim who was promoted to Div. 3.

Shepperton Slalom, Saturday 19th September 2009.										
Division 3 K1M			First Run			Second Run			Fastest Total	Pnts
Position	Name	Age	Pen	Time	Total	Pen	Time	Total		
14	Malcolm Blowers	DV	4	131.2	135.2	2	126.8	128.8	128.8	552
Division 3 K1W										
1	Jamie Grover	J14	2	127.8	129.8	6	125.4	131.4	129.8	100
Division 4 K1M										
6	George Grover	J12	6	144.3	150.3	54	139.6	193.6	150.3	--
18	James Haddock	J12	8	177.6	185.6	4	185.3	189.3	185.6	--
19	Kim Hollman	J12	56	150.9	206.9	54	142.3	196.3	196.3	--

Shepperton Slalom, Sunday 20th September 2009.										
Division 3 K1M			First Run			Second Run			Fastest Total	Pnts
Pos	Name	Age	Pen	Time	Total	Pen	Time	Total		
10	Malcolm Blowers	DV	0	116.0	116.0	0	113.9	113.9	113.9	679
12	Connor Brasnell	J14	0	117.7	117.7	50	120.0	170.0	117.7	607
Division 3 K1W										
1	Jamie Grover	J14	52	115.7	167.7	0	112.5	112.5	112.5	100
Division 4 K1M										
1	Kim Hollman	J12	4	134.7	138.7	6	139.6	145.6	138.7	--
7	Mark Brasnell	DV	0	158.5	158.5	2	164.9	166.9	158.5	--
9	Adrian Hollman	DV	52	159.7	211.7	4	165.5	169.5	169.5	--



## London & South East Region 2009 Grand Prix Slalom Competition.

If you saw me frantically writing down names and results at recent slaloms it was because we were entering the **L&SER** competition which is organised by Peter Bedingfield. The results are based on all div 3 & 4 paddlers competing in local slalom competitions.

At the end of this year WINCHESTER won the London & South East Region slalom competition. They competed at 19 of the 20 races in the calendar, winning at 8. The trophy is theirs plus 3 x Level 1 slalom coaching modules for their coaches.

BLADES finished strongly, second on Saturday, third on Sunday. Runners up trophy plus 2 x L1 coach training sessions.

MERIDIAN and HASTINGS scrapped it out for third place but Meridian pulled off two very convincing wins at Yalding, overhauled Hastings and grabbed the last place for coach training.

**Fantastic season everyone. Well done to you all! Get ready for 2010 !**

## Yalding Slalom Weekend, 24<sup>th</sup> & 25<sup>th</sup> October 2009.

The last ranking slalom of the season was held at Yalding. The water was low with very little flow coming out of the weir. This time we started from the little side stream below the weir which meant that all but the very lightest competitors grounded on the exit to the main river. Nathan & Lewis Hammond entered their first slalom competition and managed to come 1<sup>st</sup> & 2<sup>nd</sup> in div. 4, (and promoted to div. 3 for Sunday).

Yalding Slalom, Saturday 24th October 2009.										
Division 3 K1M			First Run			Second Run			Fastest Total	Pnts
Pos	Name	Age	Pen	Time	Total	Pen	Time	Total		
4	Malcolm Blowers	DV	2	132.0	134.0	2	134.0	136.0	134.0	870
5	Connor Brasnell	J14	2	136.0	138.0	0	134.0	134.0	134.0	870
17	George Grover	J12	6	142.0	148.0	6	143.0	149.0	148.0	304
22	Kim Hollman	J12	10	148.0	158.0	6	163.0	169.0	158.0	87
<b>Division 4 K1M</b>										
1	Nathan Hammond	J14	2	123.0	125.0	0	126.0	126.0	125.0	--
2	Lewis Hammond	J14	0	140.0	140.0	4	121.0	125.0	125.0	--
7	Robbie Seamons	J12	6	147.0	153.0	6	146.0	152.0	152.0	--
9	James Haddock	J12	4	158.0	162.0	12	180.0	192.0	162.0	--
14	Mark Brasnell	DV	6	164.0	170.0	4	168.0	174.0	170.0	--
<b>Division 4 K1W</b>										
5	Alison Wetherly	DV	4	175.0	179.0	6	177.0	183.0	179.0	--
<b>Division Judges</b>										
3	Mark Preddy	Snr	0	120.0	120.0				120.0	--
4	Jamie Grover	J14	0	134.0	134.0	4	134.0	138.0	134.0	--

On Sunday a few minor modifications were done to the start so as there was less chance of grounding and the course was changed. Lewis & Nathan came 1<sup>st</sup> & 3<sup>rd</sup> in Div 3, Connor & Patrick entered in a C2 as well. Jamie was going to enter in a C2 as well with Connor but decided against it. Congratulations go to Robbie who was promoted to Div 3.

Yalding Slalom, Sunday 25th October 2009.										
Division 3 K1M			First Run			Second Run			Fastest Total	Pnts
Pos	Name	Age	Pen	Time	Total	Pen	Time	Total		
1	Lewis Hammond	J14	4	128.0	132.0	0	122.0	122.0	122.0	1000
3	Nathan Hammond	J14	2	136.0	138.0	4	125.0	129.0	129.0	931
5	Connor Brasnell	J14	0	138.0	138.0	2	130.0	132.0	132.0	897
8	Malcolm Blowers	DV	2	141.0	143.0	0	136.0	136.0	136.0	759
11	Patrick Kirk	J14	2	141.0	143.0	2	138.0	140.0	140.0	655
21	George Grover	J12	6	150.0	156.0	4	151.0	155.0	155.0	310
27	Samuel Murphy	J16	4	166.0	170.0	4	164.0	168.0	168.0	103
29	Kim Hollman	J12	6	179.0	185.0	10	160.0	170.0	170.0	34
<b>Division 4 K1M</b>										
1	Robbie Seamons	J12	2	154.0	156.0	0	151.0	151.0	151.0	--
14	Mark Brasnell	DV	10	181.0	191.0				191.0	--
<b>Division 4 K1W</b>										
8	Alison Wetherly	DV	12	198.0	210.0	6	198.0	204.0	204.0	--
<b>Division 4 C2</b>										
2	Connor Brasnell Patrick Kirk	J14	10	192.0	202.0	12	198.0	210.0	202.0	--
<b>Division Judges</b>										
2	Mark Preddy	Snr	0	126.0	126.0	2	121.0	123.0	123.0	--
9	Jamie Grover	J14	4	136.0	140.0	6	138.0	144.0	140.0	--

## Meridian Canoe Club: Diary Dates 2009.

Date.	Event.	Information.	Organiser / email / website.
<b>4 - 6 December</b>	<b>Club River Trip.</b> River Usk, South Wales.	River Usk, South Wales. Nearest town: Abergavenny. Staying at Smithy's Barn.	Adrian & Nikki Boyce.
<b>5 December</b>	<b>Event Organisers Forum.</b>	09:30 hrs to 17:00 hrs. Eyot Boat Centre, Wargrave Road, Henley-on-Thames, RG9 3JD.	Canoe England South Team. james@bcu.org.uk
<b>6 December</b>	<b>Hare &amp; Hounds.</b> (Race 3 of 5). River Wey, Waterside Centre, Guildford.	Paddle 5.75 miles in 90 minutes max. Check in at 10:30 hrs. and racing starts at 11:30 hrs. Entry = £25.00 for the series or £6.00 per race.	Wey Kayak Club. www.weykayak.co.uk
<b>12 December</b>	<b>Marsport's Devizes to Westminster Beginners Seminar.</b> (Or how to make Easter less traumatic).	A free seminar on everything you need to know before attempting the Devizes to Westminster Canoe Race. Based at the Wokingham Waterside Centre (above the shop) it offers informal advice on all aspects of training, paddling and portaging - looking after your boat and essential maintenance, organising efficient support, diet, clothing, equipment and race schedule planning. Places are strictly limited - book now to avoid disappointment. 7.30pm til 10.30pm (ish).	Marsport. www.marsport.co.uk To book - Tel: 01189 665 912
<b>13 December</b>	<b>Slalom Competition.</b> (Non Ranking).	Orton Mere, Cambridgeshire.	Proteus Canoe Club.
<b>13 December</b>	<b>Marsport's Race Training Day</b>	An all day, hands on practical workshop, specifically aimed at those wishing to compete in the Waterside & Thameside series and the Devizes to Westminster Canoe Race, covering the following: Efficient Forward Paddling. Effective Portaging. Support Crew Training. 10:00 hrs to 16:00 hrs. £50.00 per paddler & £20.00 per support crew member.	Marsport. www.marsport.co.uk To book - Tel: 01189 665 912

### Meridian Canoe Club: Diary Dates 2009.

Date.	Event.	Information.	Organiser / email / website.
18 December	<p style="text-align: center;">The  <b>Meridian Canoe Club Christmas Disco</b>                      will be held on  <b>Friday 18 December 2009 from 7.30pm to 12.00pm</b>                      at  <b>Dartford Working Men's Club,</b>                      Essex Road, Dartford, Kent. DA1 2AU                      Licensed Bar &amp; Free Buffet                      Children - £2.50                      Adults - £5                      Family Tickets - £13                      Tickets are available from June Al Malah, Jane Borrett, Samantha Grover,                      Russell Haddock or Alison Wetherly                      at the Pool and the Boat House or by calling June on 07813 769 195.</p>		
19 December	<b>Club Social Event. Last Paddle Before Christmas.</b>	Last Saturday paddle at Danson before Christmas. Come for a paddle and buffet or lots of coffee and buffet.	

### Meridian Canoe Club: Diary Dates 2010.

Date.	Event.	Information.	Organiser / email / website.
8 - 17 January	<b>London Boat Show.</b>	Excell Centre, Docklands, London.	www.londonboatshow.com
10 January	<b>Hare &amp; Hounds.</b> (Race 4 of 5). River Wey, Waterside Centre, Guildford.	Paddle 5.75 miles in 90 minutes max. Check in at 10:30 hrs. and racing starts at 11:30 hrs. Entry = £25.00 for the series or £6.00 per race.	Wey Kayak Club. www.weykayak.co.uk
15 - 16 January	<b>Club River Trip</b>	River Dart / River Walkham. <b>More information to follow.</b>	Di Wade
7 February	<b>Waterside A.</b>	Great Bedwyn to Newbury 13.5 miles with 21 Portages.	www.watersides.fsnet.co.uk
5 - 7 February	<b>Club River Trip.</b> Lake District, Cumbria	Paddle rivers in the Lake District. Staying in Bunk House / Youth Hostel. River grades from G3. (Weather dependant)	Paul French.

The next newsletter will be published in February 2010. All articles and photographs welcome.